

LEAGUE	SOUTHERN ATHLETICS LEAGUE	Track Events Start in Lane
DIVISION	Division 3 North	
MATCH	4	
VENUE	Oxford	
P/FINISH	NO	1

Date Saturday, July 13 2019

Venue Oxford

Host Club Oxford City AC

Bib	Team Name	Abbrev.	Officials	Track1	Relays	Field	Total
O	Oxford City AC	OxfC	15	151.0	19.0	141.0	326.0
W	Watford Harriers	Watf	20	134.0	16.0	127.5	297.5
X	Herts Phoenix AC	Herts P	15	101.0	10.0	108.0	234.0
F	Ealing Southall & Middlesex AC	ESM	20	187.0	24.0	141.5	372.5
D	Barnet & District AC	Barnet	15	59.0	2.0	54.0	130.0
0			0	0.0	0.0	0.0	0.0

Posn	Team Name	Points	League	B/fwd M	B/fwd L	Total M	Total L	Standings
1	Ealing Southall & Middlesex AC	372.5	6.0	0.00	0.00	372.5	6.0	1
2	Oxford City AC	326.0	5.0	0.00	0.00	326.0	5.0	2
3	Watford Harriers	297.5	4.0	0.00	0.00	297.5	4.0	3
4	Herts Phoenix AC	234.0	3.0	0.00	0.00	234.0	3.0	4
5	Barnet & District AC	130.0	2.0	0.00	0.00	130.0	2.0	5
0		0.0	0.0	0.00	0.00	0.0	0.0	0

TOTAL EVENTS	38
NO COMPETITORS/EVENT CANCELLED/NMR	-
EVENT SCORED	38
REMAINING	-

Scoring System Top 10

Men		Club	Event	Perf	Points
1	WOODLEY Sam	Herts P	Discus Men A	54.35	965
2	MCCAULEY Stephen	OxfC	Shot Men A	14.68	895
3	WOODLEY Sam	Herts P	Shot Men A	13.78	840
4	MCCAULEY Stephen	OxfC	Discus Men A	40.44	766
5	KINGWELL Jason	Herts P	Hammer Men A	40.73	721
6	MOWAT Roshan X	OxfC	High Jump Men A	1.85	719
7	STEPHENS Tim	OxfC	400m Hurdles Men A	57.6	717
8	MCKENNA Ray	Watf	Shot Men A	11.56	694
9	MCCAULEY Stephen	OxfC	Hammer Men A	38.41	692
10	WHITING Aidan	OxfC	110m Hurdles Men A	16.2	691
Women		Club	Event	Perf	Points
1	VERNON-HAMILTON Chloe	Herts P	Shot Women A	12.76	903
2	VERNON-HAMILTON Chloe	Herts P	Triple Jump Women A	11.70	789
3	WIAFE Golder X	ESM	100m Women A	12.4	775
4	VERNON-HAMILTON Chloe	Herts P	Javelin Women A	28.66	708
5	ABAN-OWUSU Bessie Y	ESM	100m Women B	12.7	707
6	TSOY Victoria	OxfC	Javelin Women A	28.55	706
7	ANDERSON Danielle	OxfC	Discus Women A	28.54	705
8	WIAFE Golder X	ESM	200m Women A	26.0	704
9	LEVIN Zoe	Barnet	1500m S/Chase Women A	05:29.4	699
10	SEGUN Sophie	Herts P	200m Women A	26.2	684

SOUTHERN ATHLETICS LEAGUE Division 3 North Oxford

13/07/2019

100m Men A

Posn	No.	Athlete	Club	Perf	Wind
1	F	CONTEH Ash	ESM	11.3	666
2	O	LEUNG Justin	OxfC	11.6	579
3	W	PEARCE James	Watf	11.9	500
4	X	RIZZO Matteo Y	Herts P	12.5	362
5	D	REYNOLDS Patrick	Barnet	16.9	
6					

100m Men B

Posn	No.	Athlete	Club	Perf	Wind
1	FF	UBA Bilal Y	ESM	11.4	636
2	OO	BAROUGH Michael	OxfC	11.7	552
3	WW	MVULA Liam X	Watf	12.1	451
4	DD	OWEN John	Barnet	22.3	
5					
6					

200m Men A

Posn	No.	Athlete	Club	Perf	Wind
1	F	CONTEH Ash	ESM	23.1	653
2	O	LEUNG Justin	OxfC	23.7	570
3	X	ROPER Fin X	Herts P	24.2	506
4	W	PEARCE James	Watf	24.3	494
5	D	SARNER James	Barnet	30.0	59
6					

200m Men B

Posn	No.	Athlete	Club	Perf	Wind
1	FF	ENGLISH Kai Y	ESM	23.0	668
2	WW	OSEI Chris Y	Watf	23.5	597
3	OO	BAROUGH Michael	OxfC	23.8	557
4	XX	RIZZO Matteo Y	Herts P	25.1	402
5	DD	REYNOLDS Patrick	Barnet	35.8	
6					

400m Men A

Posn	No.	Athlete	Club	Perf	Wind
1	F	BOARD Rowan	ESM	51.8	658
2	O	STEPHENS Tim	OxfC	53.0	594
3	X	SCULLY Harry Y	Herts P	54.3	528
4	W	DEARMAN Owen	Watf	57.7	377
5	D	SARNER James	Barnet	65.0	147
6					

400m Men B

Posn	No.	Athlete	Club	Perf	Wind
1	OO	HANDSCOMBE Will	OxfC	52.5	620
2	FF	CZAPKA Seweryn X	ESM	53.3	578
3	XX	ASEMOTA Kelly	Herts P	54.2	533
4	WW	BECKFORD-TONGS Simeon	Watf	57.2	397
5	DD	SCOTT Rob	Barnet	69.7	60
6					

800m Men A

Posn	No.	Athlete	Club	Perf	Wind
1	F	SIMON AHMED Elias Y	ESM	02:00.0	668
2	D	PELOSI Gary	Barnet	02:03.4	587
3	X	PROSSER Steve	Herts P	02:04.2	569
4	O	DAVIES Benjamin X	OxfC	02:05.0	551
5	W	CONNOR Ross	Watf	02:06.0	529
6					

800m Men B

Posn	No.	Athlete	Club	Perf	Wind
1	FF	HASHI Mohamed	ESM	02:00.8	649
2	WW	BECKFORD-TONGS Simeon	Watf	02:16.2	337
3	XX	MACAULAY Alex	Herts P	02:20.6	270
4	DD	SARNER James	Barnet	02:26.3	196
5	OO	WHITING Nigel	OxfC	02:44.7	47
6					

1500m Men A

Posn	No.	Athlete	Club	Perf	Wind
1	F	SIMON AHMED Elias Y	ESM	04:09.2	648
2	X	GILL Daniel X	Herts P	04:12.7	611
3	W	WOOLLETT Charlie X	Watf	04:19.1	547
4	OO	DAVIES Benjamin X	OxfC	04:26.8	476
5	D	SANCHEZ Alejandro	Barnet	04:46.3	321
6					

1500m Men B

Posn	No.	Athlete	Club	Perf	Wind
1	FF	WAY Oliver	ESM	04:12.0	618
2	XX	ROWEDDER George Y	Herts P	04:20.3	535
3	O	ROBINSON Maxwell	OxfC	04:27.7	468
4	WW	SERAG Adam X	Watf	04:29.1	455
5	DD	SCOTT Rob	Barnet	05:14.5	160
6					

SOUTHERN ATHLETICS LEAGUE Division 3 North Oxford
13/07/2019
3000m Men A

Posn	No.	Athlete	Club	Perf	
1	F	HASHI Mohamed	ESM	08:57.2	675
2	DD	HORTON Alex	Barnet	09:16.9	581
3	O	ROBINSON Maxwell	OxfC	09:21.5	561
4	X	PROSSER Steve	Herts P	09:30.1	523
5	WW	ROSEWARN Alexander X	Watf	10:17.9	338
6					

3000m Men B

Posn	No.	Athlete	Club	Perf	
1	FF	WAY Oliver	ESM	09:08.5	620
2	D	PELOSI Gary	Barnet	09:28.2	531
3	W	INGHAM Stuart	Watf	10:24.3	316
4	OO	MACHARIA Justin Y	OxfC	11:28.2	142
5	XX	STEPHENS David	Herts P	11:30.6	137
6					

110m Hurdles Men A

Posn	No.	Athlete	Club	Perf	
1	O	WHITING Aidan	OxfC	16.2	691
2	FF	VICKERY Jamie	ESM	21.0	286
3					
4					
5					
6					

110m Hurdles Men B

Posn	No.	Athlete	Club	Perf	
1	F	HEPWORTH Christopher	ESM	27.9	8
2	OO	STEPHENS Tim	OxfC	DQ	
3					
4					
5					
6					

400m Hurdles Men A

Posn	No.	Athlete	Club	Perf	
1	O	STEPHENS Tim	OxfC	57.6	717
2	W	CONNOR Ross	Watf	65.4	488
3	F	HEPWORTH Christopher	ESM	66.9	449
4	X	STEPHENS David	Herts P	70.4	363
5					
6					

400m Hurdles Men B

Posn	No.	Athlete	Club	Perf	
1	FF	VICKERY Jamie	ESM	75.3	258
2	OO	WHITING Nigel	OxfC	77.2	221
3	WW	HARRIS Nick	Watf	85.0	100
4					
5					
6					

3000m S/Chase Men A

Posn	No.	Athlete	Club	Perf	
1	W	CONNOR Ross	Watf	10:22.2	630
2	F	HEPWORTH Christopher	ESM	10:34.6	590
3	X	ALLEN Markus	Herts P	11:16.8	466
4	OO	STEPHENS Tim	OxfC	11:55.1	367
5					
6					

3000m S/Chase Men B

Posn	No.	Athlete	Club	Perf	
1	FF	FLEWITT Peter	ESM	10:49.6	544
2	WW	HARRIS Nick	Watf	12:03.0	348
3					
4					
5					
6					

High Jump Men A

Posn	Bib	Athlete	Club	Perf	
1	O	MOWAT Roshan X	OxfC	1.85	719
2	W	DEARMAN Owen	Watf	1.80	677
3	F	ENGLISH Kai Y	ESM	1.70	594
4	XX	-	Herts P	1.00	

High Jump Men B

Posn	Bib	Athlete	Club	Perf	
1	FF	CLOW Louis X	ESM	1.70	594
2	OO	LEANAY Fionn X	OxfC	1.60	511
3	WW	GRIFFITHS Harvey	Watf	1.45	385

SOUTHERN ATHLETICS LEAGUE Division 3 North Oxford
13/07/2019
Pole Vault Men A

Posn	Bib	Athlete	Club	Perf	
1	WW	KILBANE Ciaran X	Watf	2.65	404
2	F	VICKERY Jamie	ESM	2.25	313
3	OO	WHITING Nigel	OxfC	2.25	313

Pole Vault Men B

Posn	Bib	Athlete	Club	Perf	
1	W	DEARMAN Owen	Watf	2.45	359
2	O	PALMAN-BROWN Anthony	OxfC	2.05	267
3	FF	HEPWORTH Christopher	ESM	1.85	220

Long Jump Men A

Posn	Bib	Athlete	Club	Perf	
1	OO	STEPHENS Tim	OxfC	6.08	670
2	FF	UBA Bilal Y	ESM	5.79	613
3	X	STEPHENS David	Herts P	5.08	474
4	W	CONNOR Ross	Watf	4.87	433
5	D	REYNOLDS Patrick	Barnet	2.73	36
6					

Long Jump Men B

Posn	Bib	Athlete	Club	Perf	
1	O	WHITING Aidan	OxfC	6.07	668
2	F	CLOW Louis X	ESM	5.60	575
3	WW	GRIFFITHS Harvey	Watf	4.11	288
4	XX	GROVE James	Herts P	3.37	150
5	DD	OWEN John	Barnet	1.57	
6					

Triple Jump Men A

Posn	Bib	Athlete	Club	Perf	
1	O	WHITING Aidan	OxfC	11.97	622
2	F	CLOW Louis X	ESM	11.74	599
3	W	CONNOR Ross	Watf	10.19	439
4	XX	-	Herts P	9.74	389
5	D	MORRIS Will	Barnet	9.13	319
6					

Triple Jump Men B

Posn	Bib	Athlete	Club	Perf	
1	OO	MOWAT Roshan X	OxfC	11.53	578
2	FF	VICKERY Jamie	ESM	9.81	397
3	WW	GRIFFITHS Harvey	Watf	8.58	252
4	DD	NICHOLS Daniel	Barnet	6.24	
5					
6					

Shot Men A

Posn	Bib	Athlete	Club	Perf	
1	O	MCCAULEY Stephen	OxfC	14.68	895
2	X	WOODLEY Sam	Herts P	13.78	840
3	W	MCKENNA Ray	Watf	11.56	694
4	F	SINGH Gurcharan	ESM	10.56	622
5	D	SARNER James	Barnet	7.51	369
6					

Shot Men B

Posn	Bib	Athlete	Club	Perf	
1	XX	KINGWELL Jason	Herts P	11.40	682
2	OO	PALMAN-BROWN Anthony	OxfC	7.56	374
3	WW	GRIFFITHS Harvey	Watf	7.18	337
4	FF	HEPWORTH Christopher	ESM	7.18	337
5	DD	MACK Rob	Barnet	5.65	152
6					

Discus Men A

Posn	Bib	Athlete	Club	Perf	
1	X	WOODLEY Sam	Herts P	54.35	965
2	O	MCCAULEY Stephen	OxfC	40.44	766
3	W	MCKENNA Ray	Watf	30.66	603
4	FF	SINGH Gurcharan	ESM	29.30	577
5	D	MACK Rob	Barnet	16.61	286
6					

Discus Men B

Posn	Bib	Athlete	Club	Perf	
1	XX	KINGWELL Jason	Herts P	29.40	579
2	OO	MCCAULEY Billy X	OxfC	25.74	508
3	F	ENGLISH Kai Y	ESM	24.37	479
4	WW	GRIFFITHS Harvey	Watf	19.62	369
5	DD	REYNOLDS Patrick	Barnet	14.45	214
6					

SOUTHERN ATHLETICS LEAGUE Division 3 North Oxford
13/07/2019
Hammer Men A

Posn	Bib	Athlete	Club	Perf	
1	X	KINGWELL Jason	Herts P	40.73	721
2	O	MCCAULEY Stephen	OxfC	38.41	692
3	W	MCKENNA Ray	Watf	24.78	500
4	F	SINGH Gurcharan	ESM	22.66	465
5	D	MACK Rob	Barnet	19.26	404
6					

Hammer Men B

Posn	Bib	Athlete	Club	Perf	
1	XX	GROVE James	Herts P	34.12	637
2	OO	PALMAN-BROWN Anthony	OxfC	19.50	408
3	FF	VICKERY Jamie	ESM	17.66	372
4	WW	GRIFFITHS Harvey	Watf	15.97	336
5	DD	REYNOLDS Patrick	Barnet	13.78	284
6					

Javelin Men A

Posn	Bib	Athlete	Club	Perf	
1	O	MCCAULEY Stephen	OxfC	36.78	567
2	F	SINGH Gurcharan	ESM	35.79	552
3	WW	MCKENNA Ray	Watf	35.47	547
4	X	KINGWELL Jason	Herts P	30.03	462
5	DD	SARNER James	Barnet	19.78	278
6					

Javelin Men B

Posn	Bib	Athlete	Club	Perf	
1	W	KILBANE Ciaran X	Watf	33.23	513
2	XX	GROVE James	Herts P	26.75	407
3	FF	VICKERY Jamie	ESM	26.32	399
4	OO	HART Richard	OxfC	24.29	364
5	D	MACK Rob	Barnet	18.84	259
6					

4 x 100m Men A

Posn	No.	Club	Runners	Perf
1	F	ESM	CONTEH Ash ENGLISH Kai Y BOARD Rowan UBA Bilal Y	46.0
2	O	OxfC	BAROUGH Michael HANDSCOMBE Will LEANEY Fionn X LEUNG Justin	46.6
3	W	Watf	MVULA Liam X OSEI Chris Y DEARMAN Owen PEARCE James	46.7
4	X	Herts P	ASEMOTA Kelly RIZZO Matteo Y GREEN Robert SCULLY Harry Y	47.4
5	D	Barnet	SANCHEZ Alejandro NICHOLS Daniel HORTON Alex SCOTT Rob	57.8
6				

Mixed M&W 4 x 400m B A

Posn	No.	Club	Runners	Perf
1	FF	ESM	RASIUKEVICUITE Gabija RAVENHILL Nicola Y	04:06.2
2	O	OxfC	LEUNG Justin WHITING Aidan MUTERO Eugenia X SHAYLER Amy X	04:06.5
3	WW	Watf	PUTKO Alison DEARMAN Owen	04:50.6
4				
5				
6				

SOUTHERN ATHLETICS LEAGUE Division 3 North Oxford
13/07/2019
100m Women A

Posn	No.	Athlete	Club	Perf	Wind
1	F	WIAFE Golder X	ESM	12.4	775
2	O	MUTERO Eugenia X	OxfC	13.0	644
3	W	MURRAY Chrissy X	Watf	13.1	623
4	X	HETHERINGTON Christiana Y	Herts P	13.5	545
5					
6					

100m Women B

Posn	No.	Athlete	Club	Perf	Wind
1	FF	ABAN-OWUSU Bessie Y	ESM	12.7	707
2	XX	THOMAS Serena X	Herts P	13.0	644
3	OO	WOOTTEN Bea X	OxfC	13.1	623
4	WW	WEST Ellie X	Watf	14.2	424
5					
6					

200m Women A

Posn	No.	Athlete	Club	Perf	Wind
1	F	WIAFE Golder X	ESM	26.0	704
2	X	SEGUN Sophie	Herts P	26.2	684
3	O	WOOTTEN Bea X	OxfC	26.7	635
4	W	MURRAY Chrissy X	Watf	27.2	589
5	D	LEVIN Zoe	Barnet	28.6	470
6					

200m Women B

Posn	No.	Athlete	Club	Perf	Wind
1	OO	MUTERO Eugenia X	OxfC	26.7	635
2	FF	ABAN-OWUSU Bessie Y	ESM	27.2	589
3	WW	LOWER Robyn	Watf	30.4	341
4					
5					
6					

400m Women A

Posn	No.	Athlete	Club	Perf	Wind
1	D	LEVIN Zoe	Barnet	62.0	606
2	F	THOMAS Cameron Y	ESM	63.2	564
3	O	PALMER Daisy X	OxfC	64.1	533
4	W	LOWER Robyn	Watf	68.3	402
5	X	SEGUN Sophie	Herts P	71.6	313
6					

400m Women B

Posn	No.	Athlete	Club	Perf	Wind
1	OO	SHAYLER Amy X	OxfC	63.5	553
2	FF	ABDELGADER Miriam Y	ESM	76.1	211
3	WW	PUTKO Alison	Watf	78.2	171
4	XX	GAYNOR Sarah	Herts P	84.0	83
5					
6					

800m Women A

Posn	No.	Athlete	Club	Perf	Wind
1	D	LEVIN Zoe	Barnet	02:21.5	668
2	O	HUNTER Beth X	OxfC	02:22.7	649
3	X	JUDD Sally	Herts P	02:24.9	615
4	F	THOMAS Cameron Y	ESM	02:26.4	593
5	W	LOWER Robyn	Watf	02:40.8	400
6					

800m Women B

Posn	No.	Athlete	Club	Perf	Wind
1	OO	PALMER Daisy X	OxfC	02:30.1	540
2	FF	RASIUKEVICUIE Gabija	ESM	02:31.0	527
3	WW	PUTKO Alison	Watf	03:01.0	195
4	XX	JONES Yvonne	Herts P	03:22.5	58
5					
6					

SOUTHERN ATHLETICS LEAGUE Division 3 North Oxford
13/07/2019
1500m Women A

Posn	No.	Athlete	Club	Perf
1	W	TROTMAN Hannah Y	Watf	05:04.0 570
2	X	FOUND Alicia	Herts P	05:06.0 556
3	F	RASIUKEVICUITE Gabija	ESM	05:12.5 513
4	O	SHAYLER Amy X	OxfC	05:15.1 496
5				
6				

1500m Women B

Posn	No.	Athlete	Club	Perf
1	XX	FOUND Isabel	Herts P	05:06.9 550
2	OO	WHITTY Grace X	OxfC	05:21.3 458
3	WW	GLENISTER Charlotte Y	Watf	05:46.6 316
4	FF	THOMAS Patricia	ESM	05:58.1 260
5				
6				

5000m Women A

Posn	No.	Athlete	Club	Perf
1	X	JUDD Sally	Herts P	19:01.9 656
2	F	BADHAM Rachael	ESM	19:29.5 605
3	O	DUCKETT Jessica	OxfC	19:37.4 590
4	WW	DEARMAN Christine	Watf	24:32.5 174
5				
6				

5000m Women B

Posn	No.	Athlete	Club	Perf
1	OO	DAVIES Sarah	OxfC	20:18.2 519
2	FF	HUBBARD Megan	ESM	24:58.8 148
3				
4				
5				
6				

100m Hurdles Women A

Posn	Athlete	Club	Perf	Wind
1	X HETHERINGTON Christiana Y	Herts P	16.0 674	
2	W BENTLEY Suzanne	Watf	16.7 610	
3	D LEVIN Zoe	Barnet	18.0 499	
4	F STEWART Laura Y	ESM	19.4 391	
5	O ROBBINS Elisa	OxfC	30.1	
6				

100m Hurdles Women B

Posn	No.	Athlete	Club	Perf	Wind
1	WW	BENTLEY Rachel	Watf	17.9 507	
2	OO	KANU Sharon X	OxfC	21.3 263	
3	FF	PRINCE Tanisha	ESM	23.8 131	
4					
5					
6					

400m Hurdles Women A

Posn	No.	Athlete	Club	Perf
1	W	BENTLEY Suzanne	Watf	70.5 596
2	F	STEWART Laura Y	ESM	75.6 475
3	O	ROBBINS Elisa	OxfC	99.6 66
4				
5				
6				

400m Hurdles Women B

Posn	No.	Athlete	Club	Perf
1	WW	BENTLEY Rachel	Watf	72.9 538
2	OO	KANU Sharon X	OxfC	77.1 441
3	FF	RAVENHILL Nicola Y	ESM	79.7 385
4				
5				
6				

SOUTHERN ATHLETICS LEAGUE Division 3 North Oxford
13/07/2019
1500m S/Chase Women A

Posn	No.	Athlete	Club	Perf
1	D	LEVIN Zoe	Barnet	05:29.4 699
2	F	RAVENHILL Nicola Y	ESM	05:38.3 658
3	O	DUCKETT Jessica	OxfC	06:05.7 540
4	W	GLENISTER Charlotte Y	Watf	06:13.7 508
5	X	JONES Yvonne	Herts P	07:47.7 205
6				

1500m S/Chase Women B

Posn	No.	Athlete	Club	Perf
1	WW	TROTMAN Hannah Y	Watf	06:15.7 500
2	FF	PRINCE Tanisha	ESM	06:46.5 386
3	OO	HUETER Gwyneth	OxfC	07:00.2 341
4	XX	GAYNOR Sarah	Herts P	08:34.2 107
5				
6				

High Jump Women A

Posn	Bib	Athlete	Club	Perf
1	OO	KANU Sharon X	OxfC	1.43 574
2	D	LEVIN Zoe	Barnet	1.38 520
3	W	BENTLEY Suzanne	Watf	1.33 465
4	F	LEADBETTER Helen	ESM	1.28 411

High Jump Women B

Posn	Bib	Athlete	Club	Perf
1=	FF	PRINCE Tanisha	ESM	1.18 302
1=	WW	PUTKO Alison	Watf	1.18 302
3	O	ROBBINS Elisa	OxfC	1.03 140

Pole Vault Women A

Posn	Bib	Athlete	Club	Perf
1	X	WALKER Imogen Y	Herts P	2.75 567
2	F	LEADBETTER Helen	ESM	2.45 489
3	W	PUTKO Alison	Watf	1.45 216

Pole Vault Women B

Posn	Bib	Athlete	Club	Perf
1	FF	WENTFORD Amy	ESM	2.25 437

SOUTHERN ATHLETICS LEAGUE Division 3 North Oxford
13/07/2019
Long Jump Women A

Posn	Bib	Athlete	Club	Perf	
1	F	LEADBETTER Helen	ESM	4.63	576
2	W	MURRAY Chrissy X	Watf	4.53	553
3	O	HUNTER Beth X	OxfC	4.37	518
4	D	LEVIN Zoe	Barnet	4.33	509
5	X	SEGUN Sophie	Herts P	4.16	471
6					

Long Jump Women B

Posn	Bib	Athlete	Club	Perf	
1	FF	PRINCE Tanisha	ESM	3.00	218
2	WW	GLENISTER Charlotte Y	Watf	2.58	130
3	XX	JONES Yvonne	Herts P	2.34	82
4					
5					
6					

Triple Jump Women A

Posn	Bib	Athlete	Club	Perf	
1	X	VERNON-HAMILTON Chloe	Herts P	11.70	789
2	D	LEVIN Zoe	Barnet	9.68	576
3	F	LEADBETTER Helen	ESM	9.03	505
4	W	BENTLEY Rachel	Watf	8.53	450
5	OO	COVE Karen	OxfC	8.22	415
6					

Triple Jump Women B

Posn	Bib	Athlete	Club	Perf	
1	FF	WENTFORD Amy	ESM	8.83	483
2	WW	PUTKO Alison	Watf	7.48	330
3					
4					
5					
6					

Shot Women A

Posn	Bib	Athlete	Club	Perf	
1	X	VERNON-HAMILTON Chloe	Herts P	12.76	903
2	O	SUTCLIFFE Annie X	OxfC	8.79	634
3	F	MCCAW Debbie	ESM	8.04	576
4	D	SYDENHAM Anneli	Barnet	6.04	397
5	W	DEARMAN Chloe	Watf	5.47	336
6					

Shot Women B

Posn	Bib	Athlete	Club	Perf	
1	XX	SEGUN Sophie	Herts P	9.04	653
2	DD	LEVIN Zoe	Barnet	5.88	380
3	OO	PALMER Daisy X	OxfC	5.74	366
4	FF	ENGLISH Denise	ESM	5.73	364
5	WW	DEARMAN Christine	Watf	4.99	279
6					

Discus Women A

Posn	Bib	Athlete	Club	Perf	
1	O	ANDERSON Danielle	OxfC	28.54	705
2	F	MCCAW Debbie	ESM	26.33	667
3	X	HETHERINGTON Christiana Y	Herts P	18.00	497
4	D	SYDENHAM Anneli	Barnet	16.13	449
5	W	LOWER Robyn	Watf	15.92	444
6					

Discus Women B

Posn	Bib	Athlete	Club	Perf	
1	OO	DAVIES Sarah	OxfC	15.50	432
2	FF	ENGLISH Denise	ESM	13.22	362
3	WW	DEARMAN Chloe	Watf	12.90	351
4	XX	WALKER Imogen Y	Herts P	11.45	296
5					
6					

SOUTHERN ATHLETICS LEAGUE Division 3 North Oxford
13/07/2019
Hammer Women A

Posn	Bib	Athlete	Club	Perf	
1	F	MCCAW Debbie	ESM	32.65	646
2	X	CRAWLEY Olivia X	Herts P	23.01	503
3	O	TSOY Victoria	OxfC	22.19	490
4	W	DEARMAN Chloe	Watf	21.70	481
5					
6					

Hammer Women B

Posn	Bib	Athlete	Club	Perf	
1	OO	HUETER Gwyneth	OxfC	13.62	326
2	WW	DEARMAN Christine	Watf	10.87	258
3	FF	BADHAM Rachael	ESM	6.57	107
4					
5					
6					

Javelin Women A

Posn	Bib	Athlete	Club	Perf	
1	X	VERNON-HAMILTON Chloe	Herts P	28.66	708
2	OO	TSOY Victoria	OxfC	28.55	706
3	WW	BENTLEY Suzanne	Watf	25.14	648
4	F	MCCAW Debbie	ESM	18.63	521
5	DD	LEVIN Zoe	Barnet	17.03	484
6					

Javelin Women B

Posn	Bib	Athlete	Club	Perf	
1	W	BENTLEY Rachel	Watf	22.42	598
2	O	WILLIAMS Alisha X	OxfC	13.69	399
3	XX	HETHERINGTON Christiana Y	Herts P	12.46	363
4	D	SYDENHAM Anneli	Barnet	11.88	345
5	FF	THOMAS Patricia	ESM	11.88	345
6					

4 x 100m Women A

Posn	No.	Club	Runners	Perf
1	F	ESM	BELEWU Olamide Y WIAFE Golder X KHAN Lilia X ABAN-OWUSU Bessie Y	51.2
2	O	OxfC	POWELL Francesca X WOOTTEN Bea X LEANEY Meabh Y MUTERO Eugenia X	51.9
3	X	Herts P	HETHERINGTON Christiana Y SEGUN Sophie WALKER Imogen Y THOMAS Serena X	52.3
4	W	Watf	TROTMAN Hannah Y BENTLEY Suzanne BENTLEY Rachel MURRAY Chrissy X	53.7
5				
6				

Mixed M&W 4 x 400m A A

Posn	No.	Club	Runners	Perf
1	F	ESM	BOARD Rowan SIMON AHMED Elias Y HASHI Mohamed CZAPKA Seweryn X	03:54.2
2	W	Watf	BECKFORD-TONGS Simeon BENTLEY Suzanne BENTLEY Rachel SERAG Adam X	04:02.0
3	OO	OxfC	HANDSCOMBE Will WOOTTEN Bea X	04:03.4
4	X	Herts P	ASEMOTA Kelly SCULLY Harry Y FOUND Alicia FOUND Isabel	04:06.2
5				
6				

SOUTHERN ATHLETICS LEAGUE Division 3 North Oxford

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NON-SCORERS**400m Hurdles Men**

Posn	Bib	Athlete	Age	Club	Perf
1					
2					
3					
4					
5					
6					
7					
8					

NON-SCORERS**400m Hurdles Women**

Posn	Bib	Athlete	Age	Club	Perf
1					
2					
3					
4					
5					
6					
7					
8					

100m Men

Posn	Bib	Athlete	Age	Club	Perf	Wind
1	261	ALFRED Craig		ESM	11.8	
2	229	LEANEY Fionn X		OxfC	12.3	
3	255	VICKERY Jamie		ESM	12.3	
4						
5						
6						
7						
8						

100m Women

Posn	Bib	Athlete	Age	Club	Perf	Wind
1	236	POWELL Francesca X		OxfC	12.9	
2	247	BELEWU Olamide Y		ESM	13.4	
3	246	KHAN Lilia X		ESM	13.6	
4	245	ABDELGADER Miriam Y		ESM	14.2	
5	240	WOOTTEN Popsie		OxfC	14.3	
6	244	LEANEY Lucy		OxfC	15.6	
7						
8						

200m Men

Posn	Bib	Athlete	Age	Club	Perf	Wind
1	260	UBA Bilal Y		ESM	23.1	
2	230	HANDSCOMBE Will		OxfC	23.8	
3	258	Liam Mvula	U17	Watf	24.9	
4	229	LEANEY Fionn X		OxfC	25.9	
5	224	STACEY Matthew X		OxfC	26.3	
6						
7						
8						

200m Women

Posn	Bib	Athlete	Age	Club	Perf	Wind
1	222	LEANEY Meabh Y		OxfC	27.4	
2	246	KHAN Lilia X		ESM	28.5	
3	240	WOOTTEN Popsie		OxfC	29.9	
4						
5						
6						
7						
8						

400m Men

Posn	Bib	Athlete	Age	Club	Perf
1	223	ROPER Fin X		Herts P	55.0
2	257	GREEN Robert		Herts P	57.1
3	224	STACEY Matthew X		OxfC	59.6
4	225	WEBSTER Rob		OxfC	61.0
5					
6					
7					
8					

400m Women

Posn	Bib	Athlete	Age	Club	Perf
1					
2					
3					
4					
5					
6					
7					
8					

SOUTHERN ATHLETICS LEAGUE Division 3 North Oxford

13/07/2019

800m Men

Posn	Bib	Athlete	Age	Club	Perf
1	256	WAY Oliver		ESM	2:02.4
2	254	LEBDIRI Kirk Y		ESM	2:13.8
3					
4					
5					
6					
7					
8					

800m Women

Posn	Bib	Athlete	Age	Club	Perf
1	237	WILLIAMS Alisha X		OxfC	44.3
2					
3					
4					
5					
6					
7					
8					

1500m Men

Posn	Bib	Athlete	Age	Club	Perf
1	262	CZAPKA Seweryn X		ESM	4:17.4
2	252	FARAH Mukhtar		ESM	4:32.5
3	251	EDWARDS Chauncey Y		ESM	4:33.4
4	248	ASIK Reece		ESM	4:36.7
5	231	HOGGER Drew X		OxfC	4:37.5
6					

1500m Women

Posn	Bib	Athlete	Age	Club	Perf
1	235	ROBBINS Elisa		OxfC	5:50.0
2					
3					
4					
5					
6					

3000m Men

Posn	Bib	Athlete	Age	Club	Perf
1	253	HORAN Jonathan		ESM	9:46.6
2	252	FARAH Mukhtar		ESM	9:48.3
3	265	NICHOLS Daniel	SEN	Barnet	10:06.4
4	249	BENDER Vitaly X		ESM	10:21.1
5					
6					

3000m Women

Posn	Bib	Athlete	Age	Club	Perf
1					
2					
3					
4					
5					
6					

110m Hurdles Men

Posn	Bib	Athlete	Age	Club	Perf	Wind
1						
2						
3						
4						
5						
6						

100m Hurdles Women

Posn	Bib	Athlete	Age	Club	Perf	Wind
1						
2						
3						
4						
5						
6						

S/Chase Men

Posn	Bib	Athlete	Age	Club	Perf
1					
2					
3					
4					
5					
6					

S/Chase Women

Posn	Bib	Athlete	Age	Club	Perf
1					
2					
3					
4					
5					
6					

SOUTHERN ATHLETICS LEAGUE Division 3 North Oxford

13/07/2019

Hammer Men

Posn	Bib	Athlete	Age	Club	Perf
1					
2					
3					
4					
5					
6					

Hammer Women

Posn	Bib	Athlete	Age	Club	Perf
1					
2					
3					
4					
5					
6					

Discus Men

Posn	Bib	Athlete	Age	Club	Perf
1					
2					
3					
4					
5					
6					

Discus Women

Posn	Bib	Athlete	Age	Club	Perf
1					
2					
3					
4					
5					
6					

Javelin Men

Posn	Bib	Athlete	Age	Club	Perf
1					
2					
3					
4					
5					
6					

Javelin Women

Posn	Bib	Athlete	Age	Club	Perf
1					
2					
3					
4					
5					
6					

Shot Men

Posn	Bib	Athlete	Age	Club	Perf
1					
2					
3					
4					
5					
6					

Shot Women

Posn	Bib	Athlete	Age	Club	Perf
1					
2					
3					
4					
5					
6					

Long Jump Men

Posn	Bib	Athlete	Age	Club	Perf
1					
2					
3					
4					
5					
6					

Long Jump Women

Posn	Bib	Athlete	Age	Club	Perf
1					
2					
3					
4					
5					
6					

SOUTHERN ATHLETICS LEAGUE Division 3 North Oxford

13/07/2019

Triple Jump Men

Posn	Bib	Athlete	Age	Club	Perf
1					
2					
3					
4					
5					
6					

Triple Jump Women

Posn	Bib	Athlete	Age	Club	Perf
1					
2					
3					
4					
5					
6					

High Jump Men

Posn	Bib	Athlete	Age	Club	Perf
1					
2					
3					
4					
5					
6					

High Jump Women

Posn	Bib	Athlete	Age	Club	Perf
1					
2					
3					
4					
5					
6					

Pole Vault Men

Posn	Bib	Athlete	Age	Club	Perf
1					2.75
2					
3					
4					
5					
6					

Pole Vault Women

Posn	Bib	Athlete	Age	Club	Perf
1	264	PRINCE Tanisha		ESM	1.75
2					
3					
4					
5					
6					

4x 100m Relay

Posn	Bib	Athlete	Age	Club	Perf
1					
2					
3					
4					

4x 100m Relay

Posn	Bib	Athlete	Age	Club	Perf
1					
2					
3					
4					

4x 400m Relay

Posn	Bib	Athlete	Age	Club	Perf
1					
2					
3					
4					

4x 400m Relay

Posn	Bib	Athlete	Age	Club	Perf
1					
2					
3					
4					